

CSNO Bulletin

63rd State Conference Edition

“School Nurses: Supporting Students – Saving Lives”

Conference 2013

February 7-10, 2013



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Executive Board

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CA Department of Education:	Vacant
CA School Health Centers Assoc:	Serena Clayton
CA Teachers Association:	Jacquella Payne
SARB Liaison:	Ruth Person



It is my pleasure to welcome you to the 63rd Annual CSNO Conference. This meeting is one of CSNO's top priorities. A time we set aside every year for our own education, networking with colleagues, establishing new contacts, and fund raising. Last year we reformatted our yearly gathering so CSNO could adequately support our national organization's conference, the National Association of School Nurses (NASN), in San Francisco. February is a good time in the school year to "take a break" from the busy demands and responsibilities of the school nurses. February is a time when mandated screenings have started, students with healthcare needs have been identified, Individualized Healthcare Plans prepared for those requiring modifications to their school day, and school staff are trained. There has never been a year that I don't find myself re-energized after conference!

I am pleased to announce that **Seizure Management in the School Setting (2012)** edited by Stella Taylor, an update to *The Green Book: Guidelines for Specialized Physical Healthcare Procedures in School Settings* (2/11) is available for sale starting at conference. This Chapter was rewritten in re-

sponse to the passage/signing of SB161 October, 2011 and the completion of regulation process by the Office of Administrative Law October, 31, 2012. Please thank the CSNO volunteers for their collaborative, intense, difficult work which they completed for the benefit of the children we serve. Thank you *Seizure Ad Hoc Committee*: Charlotte Sense, Nancy Miller, Meg Murray, Cathy Owens, and Pam Kahn. Thank you each and every one *Professional Standards Committee*: Kathy Dunbar, Caroline Thibodeau, Cornelia Finkbeiner, Irene Mendes, Nancy Kimura, Meg Pesavento, and Yolanda Las Marias. This update was supported in part by our foundation, the School Nurses of California Foundation (a 501(c)3 organization).

Two studies about chronic absenteeism were published this year that I shared at the Pupil Services Coalition members at their monthly meeting at the CDE. This is an issue that puts the school nurse squarely in the middle of the dilemma. As nurses, we exclude/send students home because they have fevers, undiagnosed rashes, contagious communicable diseases, etc. We also work hard to keep/return students to class who are living with diabetes, school phobia, irritable bowel disease, cancers, etc. These studies show that a student does not need to be absent 10% of the school year for the detrimental effect to show in their academic achievement. Much information is available at www.attendanceworks.org. *Truancy and Chronic Absence in Redwood City* JGC at Stanford University, California, 2012. A study of chronic absenteeism in the Redwood City School District found the highest rates in kindergarten and 12th grade. After controlling for background factors, the number of days a student was absent had a significant negative effect on California Standards Test percentiles in both math and English Language Arts for students in grades 3 through 8, as well as on Grade Point Average in high school students. Middle and higher achieving students were found to be at greatest risk of academic decline due to chronic absence. *Chronic Absence in Utah*, Utah Education Policy Center at the University of Utah, 2012. This research brief highlights important findings on chronic absence and its effects in Utah. The study, a 5-year project, emphasizes the need for early identification of students who are chronically absent and identified chronic absenteeism as a key predictor of dropouts as early as the eighth grade.

CSNO is in the beginning stages of creating a new Membership Survey. Those of you who have been CSNO members for awhile may remember the "Even Year Survey" of school nurses. This time the goal is to elicit information throughout California about the Health Services program in school districts, the educational preparation and licensure of the Health Office personnel and their CSNO member status. As you may know, California does not have a system to accurately determine the number of school nurses working in the Public/Charter schools. The survey is an attempt to answer the question we are often asked by people contacting the CSNO Sacramento office – how many school nurses are there in California and what counties/districts have nurses? Please help us gather the data when the notification arrives via the e-mail **CSNO Newsletter**. Not receiving the newsletter? Please re-subscribe, the box is on the CSNO website Home page. It is free!

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Welcome to Conference 2013! There is so much for you to explore and learn at each of these conferences and I hope you have a wonderful time doing so. It's amazing that this is the 63rd Annual Conference. Every year we hear from nurses all over the state concerned for their jobs. These concerns are real, yet the role of school nursing has remained viable for many years. School nursing will remain viable because the health care needs of our students will not disappear. But as administrators come and go, each one needs to be 'retaught' the role of the nurse.



In the foreword of the CSNO publication *Leadership in Action: The School Nurse's Role in Coordinated School Health Programs*, there is a powerful quote. "When students are sick, distracted, or unable to attend school, schools become inefficient. When many students underachieve or drop out because they do poorly in school, both social progress and personal dreams suffer", Levinger, 1994. We know this to be true, and convincing others becomes our charge.

All of you make a positive difference in the lives of students, staff and parents every day. Conference is the time when we honor our School Nurse of the Year and School Nurse Administrator of the Year and you will hear specific ways these nurses have found to make a difference in their school environments. These awards are but one way that CSNO brings nursing into the eye of the public. Another is by holding a highly recognized conference with exceptional speakers and content.

Enjoy your conference experience and take the energy, creativity and passion that come from learning new ideas back with you so you can continue to make a difference in your schools.

PATTI CASSINERIO, MA, RN, BSN, PHN - PRESIDENT ELECT

An inquisitive school nurse may reflect on the past year and ask, "What is the future for school nurses and students in California? What do school nurses in California envision for CSNO?"

How can we best support our students? School nurses usually express consensus that students need our support "to be the best they can be" and "learn the most they can" to become capable, caring, competent adults. "Healthy Students Learn Better" has long been the motto for California school nurses.



Students need school nurses more than ever! School nurses are the primary health care providers in the school environment. With the anticipated transitions in the health care delivery systems in our State and Nation, will school nurses be clinically prepared and competent in their skills and delivery of school health services for students? Will school nurses effectively communicate and advocate for the health care needs of their students? Will school nurses participate as integral members in educational teams that make critical educational decisions for students in schools each day? Will school nurses have the resources necessary to be effective in their daily work? Will school nurses substantiate school health services, with data collection and evidence based research, to support adequate time and resources for positive outcomes for students?

CSNO supports our school nurse members. CSNO volunteer board members are dedicated to promoting and strengthening the skills of school nurses in California. CSNO school nurse members and board members share research and data collection projects, work to improve data collection, have an executive director with extensive nursing legal and advocacy expertise, develop and update guideline documents to provide excellent quality safe school health services that reflect the ever changing delivery of health care services, medications and treatments, and advocate for safe school health services delivery in schools.

Every school nurse has so much to offer students and their profession. If you have a window of opportunity in your life, I suggest being an active participant in your vision for our school nurse profession. If you are an experienced school nurse, consider mentoring new school nurses. If you are a new school nurse, consider finding a mentor school nurse. I can assure you that your efforts will be rewarded two fold! Networking with your colleagues and friends is priceless! Volunteer to assist your CSNO at the local or State level. Also, be sure to take time to express your appreciation to those many current and retired school nurses who have dedicated their time and efforts to support members of CSNO and students. I encourage you to be an active participant to illuminate the vision!

NANCY DAMES, RN, BSN - STATE TREASURER

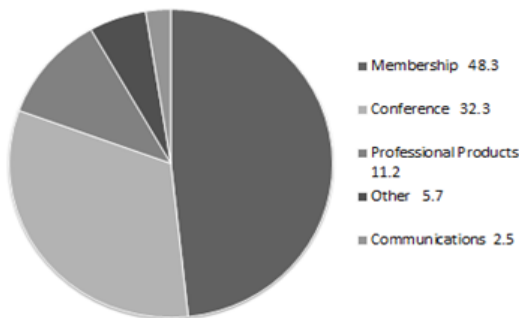
Where does the money come from? And where does it go??? The easiest way to answer this question is with a pie chart. Although not as easy to read in grey scale as in color, it is still readily understandable.

The major budget categories are listed in descending order. The number next to each equals the percentage of the budget that category represents.

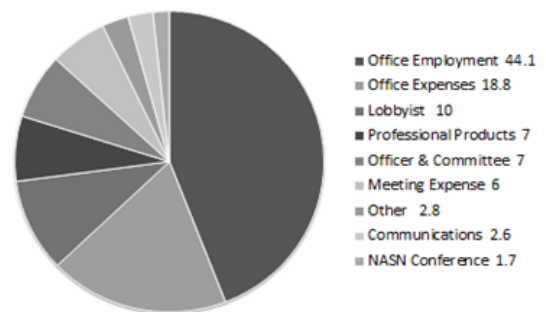
As you can see, the majority of our income is derived from membership dues and conference income. It is important to maintain/grow our membership and have successful conferences to remain financially stable.



CSNO State Budget Income



CSNO State Budget Expenses



Our fixed expenses of office employment and office expenses make up the majority of our expenditures. The work of CSNO is done by a small (1.5 FTE) paid staff and the volunteer efforts of your state and section boards. Over the past several lean years, we have trimmed expenses to make the most of dollars coming in. For example: the increased use of conference calls at the state and section levels has enhanced our ability to communicate with fewer, more expensive, face-to-face meetings.

With signs that the economy is improving, we are hopeful that our leanest years are behind us. But we will continue to make careful fiscal decisions to enable CSNO to remain financially stable. You may contact me at csnotreas@gmail.com or through the State Office any time you have questions or suggestions regarding our CSNO State finances or budget. Bank balances are as follows:

December 29, 2012

Merchant Wells Fargo 4972	\$ 7,924.87
Wells Fargo Savings 7336	28,199.21
Community Bus. Bank Check 4827	38,737.37
Com. Bus. Bank Money Mkt 2655	134,650.33
Com. Bus. Bank CD 0299	25,525.88
Conference acct	104,152.92
<u>Com. Bus. Bank Scholarship CD 0352</u>	<u>6,078.15</u>
TOTAL	\$345,268.73

It has been a busy year for Bay Coast section as we continue to support school nurse professional development and advocate for school nurses as an essential component of an equitable education for our students.

Celebrations!

- Bay Coast members and all of CSNO supported a successful NASN conference in San Francisco this June. School Nurses from Bay Coast all over the state stepped in and volunteered hours of time to make sure the conference ran smoothly. A special thank you to an amazing school nursing staff at San Francisco Unified. With everyone's help CSNO was able to accomplish its goal of holding our annual business meeting and still "break even" on the expenses. I was in awe of the hard work and dedication of our members.
- Lois Schultz-Grant is the co-recipient of the 2013 School Nurse of the Year award. Lois has long been a driving force in Bay Coast. Her efforts helped pull us off our own "fiscal cliff" several years ago and put us on our current path of economic solvency (maybe she should run for the legislature). She has tirelessly given of her time for our profession and is truly worthy of this honor.
- San Jose Unified's "Putting Health Care Back Into Schools" demonstration project is providing data proving the need for school nurses. I have had the honor of presenting this data at several conferences, including the American Public Health annual conference in October and the Association of California School Administrators conference this January. I was also able to present to the US Secretaries of Health and Human Services and Education last May and our data was incorporated into the "Health in Mind" position paper from the *Healthy Schools Campaign* organization. A special thank you to Pat Christie who told the *Healthy Schools Campaign* about our project – a great example of amazing things happening when nurses work as a team.
- Bay Coast is proud to claim Katy Waugh, our current CSNO president as our own. Katy, along with help from Barbara Miller and the CSNO board have successfully steered the organization through difficult times. Wonderful, amazing work.



Challenges

- We continue to be challenged to find ways to support every school nurse in section with meaningful programs and information. How can we use technology to help bridge the geographic gap between nurses in San Rafael and nurses in San Luis Obispo?
- How do we show our administrators and legislators that the important work of school nurses is essential for students? It's important for each of us to identify what are the goals of the district, determine how school nursing supports their goals and then figure out a way to measure the impact of a school nurse. How can we support every nurse to meet this challenge?

In Bay Coast we look forward to the spring and new opportunities. As one of our Bay Coast board members put it, "Bay Coast nurses ROCK!" Working as a team, school nurses can be unstoppable.

HONORABLE TRICIA HUNTER, MN, RN - EXECUTIVE DIRECTOR

I have passed the six month anniversary of being the Executive Director and am still learning. I am so impressed with the membership and especially the State and Section leadership. I have been involved with a number of organizations but never have seen volunteers do such phenomenal work and succeed with such great projects. Any organization is only as successful as the members and leadership of that profession and CSNO has a lot to be proud.

You all probably already know this, but the dedication and leadership of your Executive Committee is the reason the organization is doing so well. Led by President Katy Waugh, they spend an enormous amount of time assuring all the programs are followed through and completed. Staying on top of the Diastat Regulations by the California Department of Education has taken a lot of time and commitment. I also need to recognize the Convention Committee for all the hard work in putting together our 2013 meeting. This is quite an undertaking by volunteers. I would like to personally acknowledge all of you who did this in the past as well!

SANDY RYAN, RN, BSN, PHN
CENTRAL VALLEY SECTION PRESIDENT



The Central Valley Section has been growing as a result of the wonderful section conferences and the presentations of the New CSNO Specialized Physical Healthcare Procedures Guidelines (known fondly as the "Green Book"). We have had 4 "Green Book" presentations to date in Stanislaus County, Clovis, Kern County and Modesto, with plans for more to come. Thank you to all who attended and presented, and to the developers of the Green Book: Specialized Physical Healthcare Procedures.

I am proud to announce that one of the two School Nurses of the Year for this school year is our own Nan Arnold, from Tulare County Office of Education. You all may remember her from past conferences as the seller of the shirts in the CVS Section Products area. She has contributed that same level of enthusiasm, integrity, and quality to her school nursing practice for over 17 years. Congratulations, Nan!

Congratulations are due also to the winners of the first Beverly Miller Memorial Scholarship. This was funded by contributions made by many nurses and other colleagues who want to honor Beverly by continuing her exceptional commitment to School Nursing Education throughout the state. The scholarship will continue to be available to school nursing credential students in the CSU Fresno Program. This program contains an online program, developed in large part by Beverly, that serves the entire state. This year's recipients, in the amount of \$500 apiece, are Laurilee Flaughner (Southern section), Mary Kaneakalau (Central section), Lisa Monteleone (Central section), and Krystina Kymes (Bay Coast section).

Our section also enjoyed hosting the State Board of Directors Meeting last May at the Fresno County Office of Education. Section members provided wonderful refreshments and meals. We had a lovely evening at the home of Diane Durando. Her husband does a great bar-be-que! Moreover, at the Leadership meeting in November of 2012, Central Valley Section comprised more than half of the attendees! We are extending a friendly challenge to other section members to GET INVOLVED IN YOUR ORGANIZATION!

Executive Director (Continued from page 5)



A lot of my time is spent attending coalitions and key meetings with "like minded" groups. This job is frequently shared by President Katy Waugh. Katy I have met numerous times with the Epilepsy Association to share testimony during the regulatory process. I also attend the Board of Registered Nursing, Board of Licensed Vocational Nurses and Psychiatric Technicians, and the Speech Language Pathology and Audiology Board meetings. As the Executive Director, I am at the CINCH Advisory Committee meetings, California's workforce institute. There are numerous education coalition meetings that Katy and I try to attend. I have also been invited to speak at the upcoming Section Conferences on the topic of defining professional practice. I look forward to getting to know more of you at these meetings.

I attended my first Leadership Board Meeting this fall. This meeting is a real opportunity to network and share information about issues and concerns in the school nurse profession. I strongly recommend to the Sections' leadership that you put the first weekend in November on your calendar and join us at this meeting. The information sharing and problem identification are opportunities to improve the profession and rejuvenate yourself! The next leadership conference is planned to be held close to the Los Angeles Airport to allow easy in and out access.

I have also enjoyed working with Susan Wallace, CSNO's Office Manager. Her dedication to the projects she is involved with and the office makes my role easier. I can always count on her to pass on important information, emails and calls. I travel across the state to make all the meetings and having someone so competent in the office makes this easy.

I know this convention will be a great success. Every school nurse should be proud of the accomplishments of all the volunteers of CSNO. It is a great organization that does great work.

**NORTHERN SECTION PRESIDENT***Taking Time to Read a Professional Journal*

Working as school nurses, we often hear the term “using evidence-based practice (EBP). These are very familiar words. I was always using that term to back up using research in my clinical practice. On the other side of the coin, I have always practiced with a “warm heart” towards the children that I serve. However, a light came on and everything all came together for me when I read an interesting article in the current NASN School Nurse magazine (January 2013, pages 35-40).

I found the most appropriate and intriguing information by the authors in regards to a well-rounded approach to EBP. The “practice of medicine” use to be much more authoritative, and it has changed in its continuum over the past few decades. Being more specific, the part that infatuated me was the use of a “problem solving method” in order to provide quality of care which included the patient’s preferences and practices. Also, they emphasized the fact that we must evaluate what we are doing and if a change needs to take place, we need to work with the school team (other nurses, administrators, etc.) to write a new protocol to follow. It is not just about the clinical side, it is about the whole person and the whole community of school personnel and the family that is affected by each and every student.

Per this article, The Institute of Medicine (IOM) identifies the use of EBP as one of their core competencies for health care professionals, which does include school nurses (Greiner & Knebel, 2003). With the increase of complex health needs of children it is imperative that we utilize EBP to deliver a high quality of care in an effective manner. Finally, evidence in the literature, expert guidelines, clinician expertise and client preferences should be used in determining if a change in practice is warranted.

School nurses must continually evaluate outcomes and effectiveness of the care provided. We practice a fine art of caring with the understanding of scientific based knowledge. Not always an easy path to follow; however, a very necessary one so that the very best outcome is granted to each student whose life we come in contact with. Take the time to read NASN School Nurse Journal. You will grow professionally.

PAM FLEMING, MSN, RN, CNS - SAN DIEGO/IMPERIAL SECTION PRESIDENT

Happy winter to you! Since July 2012, I am pleased to be San Diego/Imperial’s CSNO’s President for 2012-2014. I have served on our Section’s board in various roles, for almost six years and still love every minute of it. The last two years, it was my pleasure to act as President Elect under President Kathy Ryan. The entire board of 2012-2013 joins me in thanking Kathy for her contributions to CSNO.

Congratulations to our School Nurse Administrator of the Year, Jeanne Salvadori, and our School Nurse of the Year, Rosemary Ebert. We’re very proud of you! This year we have a terrific array of speakers, networking opportunities and social events planned. We had our fall conference in October: *Helping Administer to the Needs of Diabetic Students* (HANDS) and it was a big success. In all of our activities, we continue to strive to achieve our goals of connecting, learning, and growing.



We plan a social event in the Spring to give our members a great opportunity to meet the board, give suggestions on what direction our section members would like to see our organization take. Please feel free to be in touch with me or any of the other board members if you have suggestions or comments.

We continue to look for volunteers for some of our committees, and we hope that all of you will join in making CSNO a success.

I look forward to seeing familiar faces as well as meeting many new members. Welcome to beautiful San Diego and enjoy this wonderful conference!

This year, 2012-2013, we celebrate our SNY (School Nurse of the Year), Elaine Shubin of East Whitter, and our SNAY (School Nurse Administrator of the Year), Susan Chaides of LACOE (Los Angeles County Office of Education). Elaine has been extremely instrumental in helping all School Nurses re-examine how they follow physician medication orders, the manufacturer's recommendations for a drug and following the standard of practice, to keep students, administrators and nurses safe. Susan, among many other incredible qualities, has become an expert in BRN, LVN and Education codes that affect School Nurses and has guided many a School Nurse through difficult times. We will celebrate our SNAY and SNY at our spring conference in Long Beach on May 11, 2013.



A crowning moment for nurses this year was our participation in the Rose Parade. For the first time in history the president of the Rose Association was a nurse, Sally Bixby. Her participation inspired this year's Nurses' Float to which Southern Section donated to on behalf of CSNO. Many of our nurses both worked on the float and attended the parade. It brought much needed light to the profession of nursing. Thank you to Board member Holly Seery for leading us to that effort!

We continue to try to increase our communication with our members. Please be sure that the email you submit to NASN is an email that will follow you even after you retire, change work locations or reach you if your district internet doesn't allow mass emails, so that we can continue to connect. If you do not receive emails from CSNOsspres@gmail.com, please let me know. It is such a pleasure and learning experience serving on the Board. Let us know if you're interested. We need YOU!

PATTY MANCUSO, RN, BSN, PHN - OUTGOING NASN DIRECTOR

Did you attend NASN in San Francisco last summer? If so, it is not too late to wrap up your evaluation if you haven't already done so. You can also view post-conference content. Go to www.nasn.com to log in to receive your CNE certificate.

Here are a few of the amazing resources available to CSNO/NASN members: 1) NASN has a new video series titled "School Nurses: Partnering to Avoid and to Respond to Anaphylaxis". It is excellent and can be viewed by going to the NASN website. 2) The American Academy of Ophthalmologists has provided NASN members with a number of resources regarding Pink Eye. From the NASN website you can download awareness posters suitable for displaying in your health office. 3) School nurses can either view online or purchase a vision screening tutorial by the American Academy of Pediatric Ophthalmology and Strabismus (AAPOS). It was created specifically for school nurse practice.

UC Davis Medical Center is offering a workshop: "The Eyes of a Child: Basic Concepts in Pediatric Eye Care". It will be held on Saturday March 13, 2013 and will include hands-on sessions in the afternoon. The AAPOS has arranged for a greatly reduced registration fee for school nurses. For more information, go to: <http://cme.ucdavis.edu/conferences>

IRENE MENDES, M. ED, RN, BSN - INCOMING NASN DIRECTOR



I would like to thank all of you who placed your confidence in me during the election during 2012, and to thank Patty Mancuso for serving in this position during the last four years. I will do my best to serve CSNO / NASN in this capacity for the next four. I was able to attend the NASN Board Meeting during the NASN Conference in San Francisco in June as an observer, and was installed at the CSNO Board Meeting to the CSNO Board. I am so thankful that Linda Davis-Alldritt arranged for me to be added to the NASN Board Mailing List so I could "get my feet wet" in this position. Since June, Katy has also included me as a guest at all CSNO State Board Meetings.

I will be installed as the Director from California at the NASN Board Meeting January 26-30, 2013, in Arlington, VA. During this meeting, I, along with other "newbies" will receive our orientation to the position. I look forward to seeing many of you in San Diego for our CSNO Conference. It is not too early for your planning to consider NASN Conference at Disney World Hotel in Orlando, FL in June, 2013. Please feel free to contact me with any NASN questions or concerns. Contact information:

imendes@kings.k12.ca.us, imendes47@gmail.com, imendes@fcoe.org, Phone: home 559-582-5993, cell 559-707-2189, fax: 559-584-2724, mail: 11962 9th Avenue, Hanford, 93230.

CSNO State School Nurse of the Year

Nan Arnold, RN, BSN - Central Valley Section

Nan started her nursing career in the pediatrics department at Kaweah Delta Hospital. She spent 15 years there-which she said prepared her for the challenging role of a school nurse. She started as a school nurse for the Tulare County Office of Education 18 years ago. Nan covers a large area of rural schools-having up to 8 schools at a time. She has been responsible for coordinating and presenting workshops for school nurses and has presented to several organizations and groups, including the Association of California School Administrators. She feels this has allowed her to promote the role of school nursing to administration and further support the need for safe and appropriate care for school children. She also advocates for families who need services and has worked with several agencies to meet their needs.

Nan developed several policies to help support students and their families-including emergency procedures, seizure protocols, and standardized procedures for pediculosis (which included ceasing the practice of handing out lice shampoo to families -because most families did not use it properly, it's toxic and not medically supported). Nan has developed products that promote CSNO-including the Credentialed School Nurse Shirt-which many of have or have seen being worn! She present at the Expanding Your Horizons conference that serves to nurture girls; interest in science and math. She has partnered with local clinics to provide mobile health services for students, including a telehealth monitor connected to the hospital and the school. The monitor was set up in Nan's office to increase access to health services for the community. She also has been very active in NASN and provided on-going trainings to her staff. She truly deserves the honor of State School Nurse of the Year and her accomplishments attest to her outstanding leadership and contributions to the profession of school nursing!



CSNO State School Nurse of the Year

Lois Schultz-Grant, MS, RN - Bay Coast Section



Lois has been a school nurse for almost 20 years. She has served in the Campbell School District for 15 of those years. Throughout these years, Lois has worked to assure all students have an educational experience that is both positive and safe. Many times, this effort has required her to act as a case manager, linking students, their families, community resources and the school to achieve optimal outcomes. She has served as a nurse leader for her school district as well as at the county and state level. She is the recognized leader in school safety and disaster preparedness. The Automated External Defibrillator (AED) program Lois pioneered in her district is the recognized "gold standard" for AED programs throughout the county. Lois gives generously of her time to mentor student nurses at both the undergraduate and graduate levels. When she recognized the need to support nurses entering the school nurse specialty, Lois developed training curriculum and hosted monthly support meetings where new school nurses could problem solve and receive expert guidance.

Lois has worked closely with Kaiser and other insurance groups to help standardize forms and increase communication between health agencies and schools. She piloted a program called 'Looking Good' for students in the severely handicapped program. The program provides trainings in oral and personal hygiene. Lois has been a leader in promoting school nursing. In that role, she developed a communication tool where nurses from all over the county can input data about their student's medical conditions. This information is then provided to CSNO to help support the need for school nurses. This has been key to help educate administrators and legislators about the need for safe and appropriate health services for students. Lois has served on the CSNO Board of Directors in numerous positions and has co-chaired two very successful state conferences. She is a vocal supporter of school nursing and never stops doing and giving to our profession. She truly deserves the honor of State School Nurse of the Year and proudly shares this honor with Nan Arnold!

CSNO State School Nurse Administrator of the Year Sheri Coburn, Ed.D., MS RN - Northern Section



Dr. Sheri Coburn has served as the Director of Comprehensive Health Programs at the San Joaquin County Office of Education for the past 15 years. In this role, she has been key in securing grants for Emergency Response, Mental Health Prevention, Early Intervention, Tobacco Use Prevention, Teen Pregnancy issues, and Medi-Cal/Lea funding. She has held quarterly health administrator meetings where she shares policies, resources and advocacy efforts. She has helped secure school nursing positions for small rural school districts and charter schools by meeting with superintendents and administrators-stressing the need and importance of having a credentialed school nurse to oversee student health issues.

Sheri initiated the development of several Northern Section projects, which have become CSNO state projects. These projects support the clinical practices of school nurses by providing necessary tools to deliver safe, ethical, effective nursing care. These projects include: *Presentation about Type II Diabetes*, which contains bilingual flyers for parents; information about Type II Diabetes including images of Acanthosis Nigricans and a PowerPoint (PPT)

presentation and Parent Pandemic Preparedness: Working with Schools which contains sample media messages to send to parents, staff and administrators; bilingual Parental Pandemic Preparedness flyers; as well as PPT information about school district response to pandemic influenza. She has provided professional development in numerous health areas, including suicide prevention, drug training, family life education, gang violence and substance abuse. In this role, she developed a one-day, hands-on training module to support the 'Specialized Physical Healthcare Services in the School Setting', donating all its proceeds back to CSNO to support the organization.

Sheri has been a tireless advocate for CSNO and has served in numerous positions in Northern Section as well as served twice as a state conference co-chair. She completed her doctorate in 2004 as one of eight students in the first doctoral program for St. Mary's College. She also has been featured on Good Morning America regarding the flu pandemic as well as featured in USA Today regarding the same subject. Her leadership and mentoring to school nurses as well as her commitment to the advancement of the profession is stellar and we are extremely proud to select her as this year's CSNO State School Nurse Administrator of the Year!

Sections' School Nurse and School Nurse Administrators of the Year



Patti Morton
Northern Section
School Nurse of the Year



Rosemary Ebert
San Diego /Imperial Section
School Nurse of the year



Elaine Shubin
Southern Section
School Nurse of the year



Jeanne Salvadori
San Diego/Imperial Section
School Nurse Administrator
of the Year

Emily K. Green

Each year the California School Nurse Organization State awards \$500.00 to a school nurse for research that has a positive impact on school nurse practice. Emily Kennedy Green from Playa del Rey, a doctoral student at the University of California, San Francisco; is being recognized for her research that examines how first generation East African immigrant adolescent females experience and understand their health and development within the context of community, school, family and peer groups.

As a Bachelor's student at the University of New Hampshire, Emily received a grant to spend a summer in rural Uganda and this inspired her to focus on culturally appropriate health promotion and prevention in adolescents. Emily currently works with vulnerable and at risk youth in the Los Angeles Child and Family Services system, in addition to children with special needs. She is interested in

the identification of developmental aspects of minority youth and is working towards the creation and implementation of supportive interventions that are developmentally and culturally appropriately effective with these students.

In this study first generation East African immigrant adolescent females identified elements that contributed to both risk and protective factors for certain behaviors; and appreciated influences from the individual level, peer group, family, community and society on their experiences and understanding. School nurses may benefit from an understanding of the health risks of adolescent female East African students and how to help them navigate both school and health care systems.

A member of CSNO for 4 years, Emily sees this research study as one step towards a greater understanding of female immigrants and looks forward to more research opportunities that will benefit the school nurse. Emily states "I am privileged to see my goals so clearly and have the opportunity to dedicate an entire career of inquiry, curiosity, and education to nursing science".

Congratulations Emily!!!

CSNO School Nurse Scholarship Winner**Colette B. McGeough**

Each year at the California School Nurse Organization State Conference a scholarship is awarded to a new school nurse who is currently enrolled in a California school nurse credential program. Colette McGeough of Santa Rosa is this year's winner of the \$1000.00 Scholarship Award. She is completing her school nurse credential at California State University, Fresno.

Colette graduated from the University of California, San Francisco, earning a BSN degree in Nursing and completed a MSN/ED degree from University of Phoenix in 2009. Colette currently works for Santa Rosa City Schools, in Santa Rosa, California. Colette was selected in 2012 by the California Teachers Association (CTA) as a California Exemplary School Nurse and will be featured an article titled, "Endangered Species: The School Nurse" in the California Educator Magazine.



Colette is described "as a real educator who never misses an opportunity to share important health information that will assist students in understanding and taking responsibility for their health needs". In her district Colette is valued as a skilled collaborator who works tirelessly to improve school nurse practice and to provide the highest quality care to the students and families she serves. Colette's goal is to collaborate with school nurses to improve nursing excellence, establishing clear health related policy and procedure to provide a safe school environment for school nurses thereby improving quality care for students.

Colette is grateful to CSNO for offering this award to offset the cost of her school nursing education and looks forward to greater involvement with CSNO in the future. Congratulations Colette!!!

CSNO Lyda Smiley Award Recipients

The Lyda Smiley Award recognizes outstanding contributions to the well-being of children and school nursing, other than by a school nurse. Over the years, CSNO has honored physicians, superintendents, legislators and organizations for their outstanding contributions. Lyda Smiley was a California nurse who dedicated her career to school nursing and through her estate set up the Lyda Smiley award. The recipient is chosen by the section organizing the state conference. This year's conference was the combined work of San Diego/Imperial and Southern Sections. Congratulations to our 2013 Lyda Smiley Award recipients: Rest Haven Children's Health Fund and Glendale Healthy Kids.

Rest Haven Children's Health Fund

San Diego/Imperial Section honors Rest Haven Children's Health Fund (Rest Haven). It's a California 501 c 3 non-profit corporation and currently an endowment fund devoted to providing financial support for the health care needs of individual children who reside in San Diego and Imperial Counties. Rest Haven's mission is to provide funds for health related services for children in San Diego and Imperial counties when no other funds are available.

School Nurses often initiate & coordinate requests and make referrals to Rest Haven. For individual children, Rest Haven has provided assistance for dental treatment, medical services, glasses, speech, language & occupational therapy, medical equipment, non-medical equipment, car seats, special diet needs for medically fragile children, breast pumps for new mothers, emergency needs for clothing, shoes, housing, etc., transportation to and from medical appointments, respite, summer camps and so many others.

Since approximately 1985, Rest Haven has partnered with San Diego Unified School District's Nursing & Wellness Department to assist thousands of students obtain prescription glasses.

Additionally, Rest Haven has given nearly \$3,000,000 in special gifts, projects and grants over the last 13 years to agencies working with underprivileged children who share Rest Haven's mission. These special gifts from Rest Haven have been given to several community health and dental clinics, several hospitals and foundations that provide care for children. These monies have supported all sorts of things including expansions in the community clinics, pediatric medical and dental equipment for the clinics, newborn hearing screening projects, dental screenings in public schools, and more.

Glendale Healthy Kids

Southern Section is honoring Glendale Healthy Kids. In 1993 the three local hospitals determined that the uninsured children of the working poor in the community were limited in ability to access health care and preventative health care. Local emergency rooms and School Nurses were providing primary care to children who had no other access. Local hospitals joined together to form a private nonprofit organization called Glendale Healthy Kids (GHK). GHK now has its own board of directors and is self supporting through grants and fundraising.

GHK's mission is to provide affordable or no cost quality healthcare to children who have no access to insurance or are under-insured.

GHK takes referrals from School Nurses and connects them with local doctors, dentists, ophthalmologists and other specialists for free. They provide health education, health fairs, nutrition education and many services while coordinating with local School Nurses.

The Official Blog of the Department of Education:

Resources for Schools to Prepare for and Recover from Crisis

<http://www.ed.gov/blog/2012/12/resources-for-schools-to-prepare-for-and-recover-from-crisis>

National Association of School Psychologists (NASP):

www.nasponline.org



I'm excited to have you in San Diego and hope that this conference provides a wealth of information that you can put into practice as well as share with others for the benefit of students throughout the state. I'd like to share some information on two topics that are close to my heart.

Healthy Families Transition to Medi-Cal: On January 1st, a new law went into effect in California that moves children from the Healthy Families Program (HFP) into Medi-Cal, California's Medicaid Program. This transition of around 875,000 children is being implemented in four different phases over one year. As this transition occurs, challenges surface, such as confusion for families, paperwork that is "lost in the mail" or not received by the local Medi-Cal office, and lack of communication. It's important for school nurses to be familiar with the "key contacts" that parents can be referred to for assistance as questions

and problems come up. These "key contacts" will vary greatly throughout the state - from your local county Medi-Cal contacts, to community agencies, and your school districts. It'll take everyone working together to maintain as smooth of a transition as possible to minimize disruption of access to medical services for these children. More information available at: <http://www.dhcs.ca.gov/services/Pages/HealthyFamiliesTransition.aspx> and <http://www.healthyfamilies.ca.gov/Home/default.aspx>.

Food Allergy Webinar: The Allergy & Asthma Medical Group and Research Center, A.P.C. of San Diego is conducting a series of seven online webcasts using GoToWebinar.com (a part of the GoToMeeting web conferencing system). The problem of food allergy has become of almost epidemic proportion in this country. These webcasts are designed to update health care providers on the important practical issues regarding food allergy in children. Although the first live webcast is being held January 23rd (before this bulletin is published), the lectures will be archived as a media file for viewing at a later time. To register and for additional information on the webinar series go to: <http://www.allergyandasthma.com/home/cme-activity>

2013 Rose Parade Features Award Winning "Nurses Float"

The Tournament of Roses had for the first time in history a registered nurse as President. In support of this landmark announcement, a group of nurses from California formed a non-profit organization, Bare Root, Inc., to raise funds for the first-ever nurses float in the 2013 Tournament of Roses Parade. Suzanne Ward, one of the original founders stated they had as their goal "to say thank you to all the nurses in the world who make a difference in patients' lives. We want this to bring attention to the nursing profession for young people and show what nurses can do." She added, "Nurses are the backbone of the healthcare community."

The float titled "**A Healing Place**", was decorated with a variety of flowers and plants and viewed by millions of people on New Year's Day 2013 at the Pasadena Rose Parade. The float featured a variety of animals known for their caring, commitment, compassion, intelligence, and skill, sitting in an oasis of flowers; registered nurses from different era and professions in crisp lab coats also rode on the float.



As noted on the website **Flowers for the Float**, www.flowersforthefloat.org, Nurses create **A Healing Place** with their presence. The qualities of a nurse make it possible to create **A Healing Place** anywhere and under any circumstance. Nurses bring these qualities to create **A Healing Place** using *wisdom, skill, and versatility* to *nurture and educate* their patients to prevent illness or *gently* helping them *heal*. Its beauty garnered much-needed attention for the nursing profession and was the winner of the coveted Rose Parade, "Craftsmen Trophy".

Volunteer Nurses from around California including school nurses, helped with the designing, creating, and building the float. In the days leading up to the parade hundreds of nurses from every medical field came to work on float decoration; spending hours gluing flowers, petals, seeds, bark and other organic substances to create the end result. It was a joyous but exhausting experience and the end result spectacular. A huge thank you to all school nurses who joined the "petal pusher" team!

A CALL FOR RESEARCH AND PUBLISHED WORKS

CSNO is happy to announce that published journal articles by school nurses will now qualify under the Research Award criteria for the \$500.00 award. In the past we have had multiple school nurses in California publish articles in professional journals and magazines that have not been recognized. We recognize that promotion of published work is important to our practice and contributes greatly to our profession. In addition it can give a special visibility to school nursing not usually seen by the general public.



To qualify for the Research Award the School Nurse would need to publish an article in a reputable health, nursing, or education related journal or professional magazine, such as: American Journal of School Nursing, NASN School Nurse, The Association of California School Administrators (ACSA) Leadership, etc. The Article would need to promote school nursing, contribute knowledge to the school nurse practice, demonstrate the impact of school nurse services on student health and achievement, and/or demonstrate the effectiveness of a school nurse designed program that promotes successful outcomes for students needing health interventions. Articles could be clinical, non clinical or research type articles. Deadline for submission must be postmark on or before November 1 of each year. See the following article on CSNO Scholarships and Grants for more information.

CSNO SCHOLARSHIPS AND GRANTS AVAILABLE

For nurses returning to college to obtain a School Nurse Credential there are Grants and Fellowships available through CSNO and NASN. **CSNO offers a \$1000.00 scholarship for school nurses working to obtain their school nurse credential. A CSNO Research Award of \$500.00 is also available for any school nurse contributing to our understanding of the profession. NASN also has grants available.** Check out the California School Nurse Organization (CSNO) www.csno.org (click on membership) and National Association of School Nurses (NASN) www.nasn.org websites for information on available grants and scholarships and application information and forms. NASN Awards deadline is March 1 of each year. **Applications for CSNO Awards are due on or before November 1 of each year.** I encourage you to apply!

CSNO GRADUATE SCHOLARSHIP FOR SCHOOL NURSES

The California School Nurses Organization (CSNO) offers a Graduate Scholarship Program for school nurses working toward the completion of their credential in School Nursing. One award in the amount of \$1000.00 will be given annually. All requirements must be postmarked by **November 1 of each year.**

Qualifications:

- Possession of a baccalaureate or higher degree from a regionally-accredited college or university
- A valid Registered Nurse license issued by the State of California
- Current member of the California School Nurse Organization
- Currently enrolled in a Commission on Teacher Credentialing (CTC) approved School Nurse Credential Program

Submission Requirements:

- Completed Application Form (Posted on CSNO website-see membership page)
- Letter of Application (including a brief overview of what drew you into School Nursing, unique skills and expertise you bring to this profession)
- Curriculum Vitae/Resume
- Documentation of enrollment in good standing in a school nurse credential program. Evidence can be letter of recommendation from instructor or copy of University enrollment verification. Two letters of recommendation (one from immediate supervisor and one from someone knowledgeable about your school nursing work experience) or one additional reference if letter from instructor already in hand (see above).

CSNO RESEARCH /PUBLICATION AWARD FOR SCHOOL NURSES

The California School Nurses Organization (CSNO) offers a Research/Publication Award to individuals completing research in the field of School Nursing and/or have published articles about school nursing in a professional magazine or journal. Promotion of research and published work is important to our practice and contributes greatly to our profession. In addition it can give a special visibility to school nursing not usually seen by the general public. One award of \$500.00 will be given annually. The recipients must be members of the California School Nurses Organization at the time of the application. All requirements must be postmarked on or before **November 1.**

Application Information in general for both awards:

- Completed Research Application Form (on CSNO website)
- 200 word abstract-summary of your goal in writing the article and why this is important.
- For the news release, a summary of the applicant's background, qualifications and any CSNO activities must be included. This will not be included in the judging.
- Photograph for the news release-must be electronic jpg. (If you are a winner.)

Application Criteria for Research Award:

- Research proposal including:
 1. Problem statement/history of problem
 2. Rationale for study/hypothesis
 3. Methodology
 4. Data analysis
 5. Summary/discussion of results
 6. Significance/application to the practice of School Nursing
 7. Manuscript should be electronically mailed to CSNO Education Chair with one hard copy mailed by post.
- Tool(s) used to gather data to accompany application, if applicable (i.e. survey, Quick Neurological Screening Test, etc.). Please include in proposal.

Application Criteria for Published Article Related to School Nursing

- Copy/Scan of complete published work as printed in journal or magazine showing your name as author including references electronically mailed to CSNO Education Chair with one hard copy mailed.
- Reference to the published article should be cited and acknowledgement given to the original source of any copyrighted material in the article.
(Due to copyright laws submitted article will be reviewed but not reprinted into any published work)

Award Presentation:

The award recipient will be recognized at the CSNO Annual Conference. All applicants will be notified in January and the details of the presentation at the conference will be discussed at that time.

Submission Address:

Patricia Gomes, Education Chair gomespat15@gmail.com
1211 East Griffith Way, Fresno, California 93704

Award, Grant, & Scholarship Opportunities



AWARD	AMOUNT	CRITERIA	DEADLINE
NASN Completed Research Award	\$100	<ul style="list-style-type: none"> NASN member Exceptional completed research endeavors promoting school nursing practice 	Annually on March 1st NOTE: May be self nominated
NASN Research Grants	Average award is \$2,500 Maximum award is \$5,000	<ul style="list-style-type: none"> NASN member or part of a team that applies Proposed research: <ol style="list-style-type: none"> Pertinent to any area related to school nursing and/or impacting school health or Pertinent to 2008-2010 topics of interest <ol style="list-style-type: none"> Impact of school nursing services on student health and academic outcomes Effectiveness of health promotion and disease prevention Cost effectiveness of school health services Predictors of successful outcomes for students needing health interventions 	Annually on March 1st NOTE: As of 2010, applications must be submitted electronically.
NASN Annual Conference Poster Presentation Awards in the following categories: <ul style="list-style-type: none"> Research Practice Leadership/Legal Health Promotion Global 	\$100, along with a certificate and ribbon	<ul style="list-style-type: none"> Develop poster presentation according to established criteria Set up poster presentation as requested to allow for judging 	NOTE: Poster abstract submission guidelines and deadlines are posted to the NASN website.
NASN Educational Advancement Award	Two awards of \$1,500 each and a 4-day Annual Conference registration	<ul style="list-style-type: none"> Current and active NASN membership status for the past two years Employed as a school nurse Licensed RN in state of employment Bachelor's degree or pursuing BSN/MSN 	Annually on October 15th NOTE: As of 2008, applications can be submitted electronically.
NASN Advocacy Education Award	\$1,500 and a 4-day Annual Conference registration	<ul style="list-style-type: none"> Current and active NASN membership status for the past two years Written advocacy education plan Current employment as a school nurse Legislative project or education program 	Annually on October 15th NOTE: As of 2008, applications can be submitted electronically.
New Member Annual Conference Scholarship	\$1500 for NASN Annual Conference expenses	<ul style="list-style-type: none"> New NASN member by March 31st of current year Current license as a registered nurse in the state of employment Qualify for NASN active membership Current employment as a school nurse 	No official application. All eligible members are placed in a random drawing. The winner is notified by the NASN president in April.
State Affiliate Membership Recruitment Annual Conference Scholarship	\$1500 for NASN Annual Conference expenses	All NASN state affiliate organizations that have a 10% increase in membership by March 31 st are eligible for this award.	No official application. All eligible members are placed in a random drawing. The winner is notified by the NASN president in April.
NASN and American Healthcare Institute Regional Symposium Scholarship	Up to \$1000 for American Healthcare Institute Symposium expenses	<ul style="list-style-type: none"> Current and active membership status for two years Current license as a registered nurse in state of employment Current employment as a school nurse 	Annually on April 15th

To download award applications and for more information, visit the NASN Web site at: www.nasn.org or contact NASN at 8484 Georgia Avenue, Suite 420 • Silver Spring, MD 20910 • 1 (866) 627-6767 • nasn@nasn.org

GOVERNMENTAL RELATIONS COMMITTEE CHAIR



Committee Update: I would like to thank all of the Governmental Relations Committee (GRC) members for their dedication and hard work during the legislative session. Current committee members are as follows: CSNO State Chair - Diane Durando; State co-chair - Kathy Hundemer; Central Valley Section Chair - Maureen Miller, and Marilyn Glinskis co-chair; Bay Coast Section Chair - Laura Olivio; Southern Section Chair - Susan Chaides; San Diego/Imperial Section Chair - Anita Gillchrest.

CSNO Web Site: Advocacy: The advocacy section on the CSNO web page has been updated to be more member friendly. Please check out the bill status report, which is updated after every GRC meeting. There is also the 2013 CSNO Legislative Platform and the 2013 Legislative Handbook that has good information on the legislative process including the calendar for the 2013 session. Included are good resources, both state and national that members may find helpful.

CSNO Legislation: This January is the starting of a new the new two year legislative session. All legislation introduced will have a new number and author although you may see some of the same issues being introduced.

Visit Your Legislators Today: *Establish a relationship with your legislator prior to asking for his or her will help. Your legislator will view of you as a professional and an expert in school children's health. Legislators or their staffs are then more likely to call upon you for an inside perceive when they have questions. Take time to visit your legislator's in their home offices today. It is easy as 1-2-3.*

1. Make an appointment. Plan your visit for no more than 15 minutes.
2. Share your business card. Distribute the CSNO brochure "School Nurses Working With Families, And The Community To Protect The Health Of All Children"
3. Offer yourself as an expert in children's health that your legislator can call upon for help.

Political Action Committee (PAC): The GRC is charged with supporting our lobbyist Carolyn Veal Hunter. Carolyn is an attorney and a professional lobbyist and knows the ins and outs of the legislative world in Sacramento. She recently was instrumental in having school nurse added to AB 2109 (Pan). CSNO would not be nearly as effective without her guidance and advocacy efforts. To this end the CSNO Board has asked us to raise \$40,000 this year. If every CSNO member donated \$55 annually we could easily reach this goal. Your financial help is needed. Please remember to donate at your section meetings.

LOIS SCHULTZ-GRANT, RN MS - MEMBERSHIP CHAIR



As of December 1, 2012, CSNO members in good standing numbered 1108. While this is a number that seems smaller than previous years, I am more interested in members who are on the "lapsed" list. That number is 125! Wow, I am stunned. It should not be so high. There are now more reasons than ever for the credentialed school nurse to ask the district to pay for membership from some of the funds we have brought in from LEA billing, MAA and other sources.

Thanks to our school nurse members from San Jose Unified, we now are starting to show just how much a Credentialed School Nurse can SAVE their districts and close the achievement gap. There is a simple way to justify membership. With your membership you have access to 10 VSP (Sight for Students Program) coupons for those who cannot afford glasses each year. The estimated cost of an eye exam is \$145. The cost of frames and lenses is estimated at over \$200. That means that with one \$210 membership, a district is able to offer eye glass assistance to 10 children thus saving them a total of \$3450! Wouldn't that announcement look great on a district's website as a service to the community!

I am sure that those 125 members who are on the lapsed list will be on the Members in Good Standing list next month. Last year we saw an increase in membership of over 4%. I continue to be proud of every member who refused to be told, "Can't afford it", and actually pushed districts to look at ways to find funding that give our children what will help them to succeed and improve test scores: A CREDENTIALLED SCHOOL NURSE.

The Professional Standards Committee consisting of Caroline Thibodeau, (Northern Section), Cornelia Finkbeiner, (Bay Coast Section), Irene Mendes and Nancy Kimura, (Central Valley Section), Meg Pesavento (San Diego/Imperial Section), and Yolanda Las Marias (Southern Section) reviewed 27 Position Statements from 2009 which were approved at Leadership in November, 2012. We also reviewed and made suggestions to the new guidelines for the administration of diastat by unlicensed personnel to students having uncontrolled seizures which will be added to the Green Book.



Our committee has also been busy writing a position statement for unlicensed personnel to administer rectal diastat. The new position statement is entitled: *Emergency Treatment of Uncontrolled Seizures in the Educational Setting* and will replace the 2009 Rectal Medication Position Statement. We have been working this past year developing the Position Statement. We had written a rough draft last year but were waiting for official guidelines from the CDE. Having none, we decided to push forward and develop the draft using CEC 49414.7 as a guide. The draft position statement, was sent to our CSNO President in December, was reviewed and approved by the CSNO Board of Directors in January. I want to express my gratitude to each of the section chairs for all of their hard work.



From the left: Melinda Landau (Bay Coast President), JoAnna Caywood (Lucile Packard Foundation for Children's Health - major funder for School Nurse Demonstration Project "Putting Health Care Back Into Schools"); Charles Basch, author of "Healthier Students are Better Learners: A Missing Link in school Reforms to Close the Achievement Gap" (2010); and Arne Duncan, US Secretary of Education. May 2012.

Last February, Melinda Landau was invited to a convening in Washington DC to discuss School Nurses and to prepare recommendations for a report to the US Secretaries of Education and Health and Human Services. Participants in the convening included representatives from school districts with innovative school nurse programs, leaders from Health and Human Services, several representatives from NASN including Donna Mayziak, and American Federation of Teachers (AFT). San Jose Unified's study came to HSC's attention through Pat Christie and her relationship with AFT. Networking really works! After Melinda presented findings from their "Putting Health Care Back Into Schools" project, Healthy Schools Campaign, she was invited to Washington DC to speak when their recommendations were presented to Secretary of Education Arne Duncan and secretary of Health and Human Services Kathleen Sebelius at the National Press Club in May 2012. In December, Healthy Schools Campaign and Trust for America's Health completed their final report of recommendations that is being presented to both Secretary Duncan and Secretary Sebelius. The importance of School Nursing is highlighted through out the report and San Jose's project is highlighted beginning on page 74. Copies of the report is available on the Healthy Schools Campaign website @ www.schoolscampaign.org Information on our "Putting Health Care Back Into Schools" project can be found at <http://med.stanford.edu/schoolhealtheval/index.html>

CSNO School Nurse of the Year: This year-unlike any previous year, the voting was extremely close for all of the nominees, but the top two were tied for first place by the judges. Every applicant is so deserving and the judges were so very impressed with the accomplishments of these amazing women!! Therefore, we will be honoring two School Nurses of the Year this year-Nan Arnold from Central Valley and Lois Schultz Grant from Bay Coast!! We truly are blessed with having all of these outstanding school nurses represent us as leaders and mentors for all of us! Please join me in congratulating them and honoring them at our conference! More information on these two great nurses is found on page 9 of this bulletin.



Rosemary Ebert, RNC, BSN, PHN – San Diego/Imperial

Rosemary has been a school nurse for 16 years for the Cajon Valley School District. She has also served as Lead Nurse for the past 5 years. Rosemary joined school nursing after serving the neonatal population for many years. She has been very active in her district helping to implement policies and procedures, including an AED protocol, Blood Borne pathogens, and other health policies. She provides mentoring and support for the nursing staff. One of the letters that was written about her stated 'Rosemary gives her time unselfishly to many causes, including her students, church activities and those less fortunate in the community. She goes to Mexico to deliver supplies and improve the lives of the children and families she meets there'. Rosemary is an outstanding example of a great school nurse and she should be very proud to be named San Diego/Imperial School Nurse of the Year!

Elaine Shubin, RN, M.Ed - Southern Section

Elaine has been a school nurse for 23 years in the East Whittier City School District. Elaine has been a leader in promoting new policies and protocols for epi pens, pandemic flu, asthma and sexual abuse prevention programs. She helped develop a program and an interactive play called "No Way to Treat a Lady" that was featured on NBC news. She also has been involved with the production of a movie entitled 'Camp' which focuses on the issues of abused and neglected children. Elaine also has advocated for children with diabetes and epilepsy. Elaine has served on several positions in CSNO, is currently President – Elect and Co-Chair for our State Conference this year. In this role, she has devoted countless hours and ideas to help organize an outstanding state conference. She works in many areas to support CSNO and she should be extremely proud to be Southern Section School Nurse of the Year!

Patti Morton, RN MSN – Northern Section

Patti has served as a school nurse for 12 years for the Folsom Cordova Unified School District. One of her passions is advocating for students with mental health issues. In 2004, she began the using the S.O.S. (Screen Our Students) mental health education and intervention program. She completed a correlation study about school attendance and depression for her Master's thesis. In addition, she put together a collaborative team to develop a School Mental Health Crisis Procedure as a tool for staff and administration. She is also passionate about students with medically fragile needs as well as health promotion issues. She states that without a doubt, teaching has been the most rewarding part of school nursing for her. Patti sets the bar high for school nurses and is an excellent example of what a truly great school nurse is. She should be very proud to be named Northern Section School Nurse of the Year!

School Nurse Administrator of the Year. We had two outstanding candidates for School Nurse Administrator of the Year. Both of them provide stellar leadership for school nurses and promote our profession in all they do. They are movers and shakers who support the role of the school nurse in all they do! We are very honored to have them both represent the best of the best! However, congratulations go to Dr. Sheri Coburn who was selected as the winner-she is our CSNO State School Nurse Administrator of the Year! She is an amazing School Nurse Administrator that works tirelessly to promote the health and safety of students and ensure that every student has access to school nursing services. More information on Sheri is found on page 10 of this bulletin. Please join me in congratulating Sheri for this prestigious honor and all she has done, and also recognizing Jeanne for all she also has contributed to our profession!

Jeanne Salvadori, RN, BSN, M.Ed. – San Diego/Imperial

Jeanne currently serves as the School Nursing Services Program Specialist for San Diego County Office of Education. She has served in this position for 6 years. She has been a school nurse since 1989. In her role as Program Specialist for School Nursing, she provides countywide leadership. She coordinates a monthly nursing meeting to facilitate school nurses being able to network and keep their skills and knowledge up to date and current. She moderates an email list serve and provides questions and answers for school nurses. She was honored in 2011 as the Public Health Champion for San Diego Health and Human Service Agency. She also received the Rotary Clubs Paul Harris Fellow Award for promoting a vaccination program. Jeanne is a true leader and should be very proud of this honor of San Diego/Imperial School Nurse Administrator of the Year!!

PAMELA KAHN, MPH, RN, BS
SCHOOL HEALTH PROGRAM MANAGER CHAIR



I'm introducing myself, Pamela Kahn, as a new CSNO State Board Member. I will be serving as the Chair for School Health Program Management, and am very pleased about and excited by this opportunity. To give you an idea of my background and why I felt I might be a good fit for this role – I served as a School Nurse in a 7-12 grade district for about 12 years, covering 3 middle schools and 2 high schools, having a caseload of about 10,000 students. In 2007 I left the district that I was in to move to the Orange County Department of Education, becoming the Coordinator of Health and Wellness. In this capacity I provide support and resources to the 28 school districts in the County, which serve over 500,000 K-12 students.

In the role of CSNO Program Chair for School Health Program Management, I will be working towards gathering Section Managers from across the State, and convening discussions around what the current concerns are with School Nursing practices in the State, and also to share successes and best practices with each other. The hope is that such discussions will allow us to support each other around the State, and draw on each other's experiences and expertise to help to create a more standardized, quality driven practice in our individual regions. Gathering this kind of input from various section managers will also allow the CSNO Leadership to become aware of concerns and difficulties that our nurses around the State are encountering in their practices, so that CSNO may help address them. Additionally, the Section Managers will be encouraged to provide mentorship and serve as role models for our staff nurses, encouraging them and making sure that all School Nurses know the path to leadership within the educational environment. There are many nurses who may be aware of job progression in the hospital setting, but not necessarily in the educational setting, and mentoring managers are in a position to embolden these nurses to aspire to leadership positions within their district, their professional organizations, and their community partners, and to help them work towards obtaining the education necessary to effect such advancement.

I will have my first opportunity to meet with the Board at the State Conference this February in San Diego, and am very much looking forward to becoming part of this group. CSNO has been such a strong advocate for California School Nurses, and I am proud to join the Board of this organization. If you have any practice concerns, problems or topics that you feel you would like to have the Board become aware of, please don't hesitate to contact me. You can reach me at 714-327-1057, or at pkahn@ocde.us.

Honorable Tricia Hunter

2013 UCLA Distinguished Alumnus Award Recipient

The UCLA School of Nursing and the UCLA School of Nursing Alumni Association announced that the Honorable Tricia Hunter M.N. '83 has been selected as the recipient of the 2013 Distinguished Alumnus Award. She will be honored at the school's annual Nurse 21 gala in May.

Tricia Hunter will join a distinguished list of alumni who have made sterling contributions in advancing nursing science. A committee consisting of staff, faculty and alumni reviewed the submissions and made the final selection.

UCLA School of Nursing is proud to continue our tradition of awarding those who exemplify excellence in the nursing profession. CSNO extends congratulations to our Executive Director!



Kathy Ryan, MSN,FNP, RN, CCM - Incoming President-Elect

Academic Achievements: Kathy earned a Bachelor of Science in Nursing from Point Loma College in San Diego, a Master of Science in Nursing from the University of Phoenix, San Diego and completed the post Master's Family Nurse Practitioner program at California State University, Dominguez Hills. She has received several academic awards, as well as numerous service awards for her work in the community, and with other professional nursing organizations. Kathy holds a credential from the California Commission on Teacher Credentialing in school nursing.

Professional Experiences: Kathy has been a nurse for 33 years. She developed and implemented the Southern California Region Pediatric Renal Case Management program for Kaiser Permanente, and was the Coordinator for the Kaiser San Diego Home Ventilator Program. Kathy has extensive hospital, clinic, and home health experience with an emphasis in public/community health nursing.

Kathy is a member of several committees and workgroups promoting school health. In 2006, with the reopening of Lincoln High School (a San Diego inner-city school of 2,400 students with 97% free/reduced lunch), she utilized her networking abilities within the community to unite a variety of stakeholders in addressing the unmet healthcare needs of these students. As a result of her leadership she gained broad based community support for a school based health center. The LHS School Based Health Center opened under the umbrella of the Lincoln High School Health & Wellness Center in 2008, and now provides free primary care, preventative care, health education, and behavioral health services to all students.

Kathy is adjunct faculty at the University Of Oklahoma School of Nursing for the Community Health, Leadership and Advanced Health Assessment courses. Kathy utilizes the LHS School Health Center to precept nursing students pursuing all levels of nursing degrees (AA to FNP) from numerous nursing programs in the Southern California region. Kathy has been president of the San Diego chapter of the California Association for Nurse Practitioners and is also a member of the California School Health Centers Association (CSHCA), the National Assembly of School Based Health Clinics, The Society for Adolescent Health and Medicine, and the American School Health Association.

Kathy implemented and advises the Lincoln High School Youth Health Council. Students on the council learn about and practice community health advocacy and leadership. Kathy arranges training and educational experiences to prepare Youth Health Council members to continue developing their health advocacy skills. The council partnered with UCSD researchers to gather data to assess student concerns regarding campus nutrition. After analyzing the data they worked with school administrators, community members and the director of district food services to revamp the school lunch menu, to include the addition of a salad bar. Members of the Youth Health Council attended a statewide CSHCA conference in Sacramento, where they met with the CSHCA Youth Board and state and local legislators during School Health Day at the Capitol. Some of the issues the Youth Health Council has addressed include: racism, antibullying, substance abuse, and teen relationship violence. Kathy has been a member of the School Health committee of AAP-CA 3 for the past four years.

CSNO Activities: Kathy has been a member of the California School Nurse Organization since 2006. She volunteers in the San Diego/Imperial section where she has been the GRC chair, president-elect, and president; she is now the immediate past president. Kathy frequently represents CSNO SD/I at community health fairs and other professional organization meetings to explain and promote the role of the school nurse. Kathy is co-chair for the 63 rd Annual CSNO State Conference.

Your goals for the office of president elect: Kathy would like to focus her time in this position to increase the CSNO membership base and continue to build and strengthen alliances with other organizations key to promoting school health.

Your goals for school nursing: Kathy hopes to see the role of the school nurse expanded to be leaders in advancing the quality of school health services and health education throughout the state. Kathy plans to increase the visibility of school nursing in the academic and public arena.

Nancy Dames, RN, BSN - Re-elected State Treasurer

Academic Achievements: AS Degree in Nursing from College of the Desert in 1977. Graduated Magna Cum Laude from CSU Dominguez Hills in 1996 with BSN. School Health Services Credential from CSU Fresno in 2000.

Professional Experience: First 18 years of nursing experience was in all aspects of inpatient obstetrical care. Then three years doing in-patient and staff education, including managing the childbirth education program and a doula program.

Co-authored an article on the hospital based doula program for the International Journal of Childbirth Education. Became an International Board Certified Lactation Consultant in order to better assist nursing mothers. Spent 2 years in school nursing working for Migrant Ed in Tulare County. The last 12 years have been with Visalia Unified School District.

CSNO Activities: State Treasurer 2011-2013. Treasurer for Central Valley Section 2007-2011.

Goals for the office of Treasurer: Continue the work done by the previous board to navigate through these difficult economic times, finding ways to strengthen the fiscal health of CSNO.

Your goals for school nursing: I believe very strongly that school nurses play an important role in the health and education of children. I would like to see this more widely recognized so we see MORE school nurses. If we can lower the nurse:student ratio, we can provide more services for more students, improving outcomes.

Special Projects: Provide first aid at the district's elementary school track meets. Provide nursing services on an on-call basis for one of the after school programs. Active on the Central Valley Section CSNO board.

CSNO 62nd Annual Business Meeting Minutes
San Francisco, California
June 22, 2012

The meeting was called to order of the 62nd Business Meeting of CSNO by President Katy Waugh at 3:05 PM. The Pledge of Allegiance was lead by President-elect Patti Cassinerio.

Barbara Miller presented the credentialing report. 120 members had signed in for the business meeting. 148 ballot votes were cast in the last election. Barbara moved to close out the ballot site. Katy asked for all in favor and oppose, there were no "no" votes recorded.

Katy introduced the conference committee: Conference Co-Chairs Melinda Landau, Diane Gold, and Dagmar Paul. She also introduced Executive Director Tricia Hunter; NASN Conference Planner, Devin Dinkel, NASN Conference Planner. Linda Davis Alldritt, NASN President, was introduced. She recognized special guests Karen Duff, current NASN President Elect.

Special recognition of Linda's retirement as California's SN Consultant was given by Caroline Roberts, Linda's retired former boss at CDE. Barbara Hankins, a CSNO past president provided recognition of Linda Davis Alldritt on behalf of CSNO.

Linda Davis Alldritt installed the new officers of CSNO Board of Directors: Northern President – Charlotte Sense; Central Valley President– Sandy Ryan; San Diego/Imperial President– Pam Fleming; and NASN Director – Irene Mendes. She acknowledged the leadership of CSNO in establishing a chapter 62 years ago which was the seed for NASN and the other state organizations. Linda recognized the outgoing officers Robin Orr (Northern Section), Mary Haugen (Central Valley Section), Kathy Ryan (San Diego/Imperial, who did not attend) and Patty Mancuso (Northern Section).

Katy asked all former Presidents of the sections to stand and be recognized. She then asked the former CSNO State Presidents to stand: Barbara Miller, Deanne Bower, and Linda Davis Alldritt.

Minutes of the 62nd Annual Business Meeting, March 5, 2011 were reviewed and approved.

Standing Rules of the Meeting were presented by Past President Barbara Miller.

President Katy Waugh asked for additions to the agenda. There were none proposed. She then moved the agenda to receive the reports of the Executive Director and Board.

President: Katy Waugh

Executive Director: Tricia Hunter shared her experience for three month and recognized the work of the volunteers of CSNO and the CSNO Staff member, Susan Wallace.

President-elect: Patti Cassinerio

Immediate Past President: Barbara Miller reported that she was the current CSNO website contact, and also sends out the electronic newsletters.

Treasurer: Nancy Dames. Nancy shared with the meeting the success of the Green Book in picking up the financial slack of not having a conference. She introduced the budget that was shared with each attendee.

NASN Director: Patty Mancuso. Patty is direct for six more months. She shared that combining the meetings was a test case for NASN and it is a model that they may use for future conferences.

Bay Coast Section President: Melinda Landau shared logistics as Chair of the San Francisco CSNO one day conference.

Central Valley Section President: Mary Haugen mentioned they had three Green Book trainings and are planning more.

Northern Section President: Robin Orr shared that Northern is going to sell Ghirardelli chocolates.

San Diego/Imperial Section President: Kathy Ryan absent

Southern Section President: Lynda Burlison shared that Southern and San Diego/Imperial are partnering to put on the next state conference in February 2013. Southern Section has donated, on behalf of CSNO, to the Rose Bowl Nursing Float. She shared how to volunteer and how to get tickets.

Communications Chair: Luisa Monson mentioned he bulletin is published electronically three times a year and at convention is a hard copy. Luisa did a solicitation for articles.

(Continued on next page)

Education Chair: Patricia Gomes. Patricia shared the two school nurse scholarships. Jenny Rhodes (Bay Coast) is the recipient this year for the Scholarship Award. Research Award – none applied for the award this year.

Government Relations Committee (GRC) Chair: Diane Durando shared that AJR 24, a resolution to request US Congress to establish School Nurse Ratios, passed the legislature. The GRC is sponsoring a fundraiser; the drawing will be on Tuesday.

Membership Chair: Lois Schultz-Grant shared that we have an increase of 47 members with a total of 1154.

Professional Products Chair: Charlene Pearce shared discussion of the Green Book. Recommended persons go to the product room and review items.

Publications Chair: Charlotte Sense shared stories about setting up at conferences. She also shared she would wrap baskets for those that needed the help.

Public Relations Chair: Cathy Owens has streamlined the nomination process for School Nurse Awards.

Professional Standards Chair: Kathy Dunbar was unable to attend, Her report is in the Bulletin.

Specialty Practice: Stephanie Yellin-Mednick (Special Education) thanked people for the help with the Green Book. She also thanked people for their work and help with the Diastat issue.

Since this year's CSNO Conference consisted of only one day—the day before the National School Nurses Organization's (NASN) National Conference began in San Francisco, the annual CSNO Awards presentation followed.

Awards: Cathy Owens presented the CSNO School Nurse of the Year (SNY) Award to Meg Murray from Bay Coast Section; a trophy of an Eagle, that each SNY gets to take home for the year, was presented and her name will be engraved into the trophy; Assembly member Bonilla provided a resolution. The CSNO School Nurse Administrator of the Year (SNAY) was Pamela Khan, Southern Section; Assembly member Mansoor provided a resolution from the Assembly. Cathy also recognized the SNY from each Section: Lynn Sommer, Southern Section; Pat Soper, Central Valley; Dayle Edgerton, Northern; Gail McLaurin, San Diego/Imperial; and the SNAYs from Northern Section, Carolyn Thibodeau; and Jeanne Prandini from Central Valley Section.

Lyda Smiley Award recipient Barbara Avery, Director of Community Benefits, El Camino Hospital, Mountain View, CA was unable to attend. due to prior commitments.

Jenny Rhodes, the Scholarship Award recipient was not able to attend.

President's Above and Beyond Award was presented to Sherry Coburn by President Katy Waugh.

Announcements: School Nurses of California Foundation Chairperson Barbara Hankins shared an update on the Foundation. Katy Waugh shared the vision to build funds in the foundation to keep the Green Book updated.

Cathy Owens asked all school nurses who had served in the military to stand and be recognized.

Dave Cranny, from School Health Corporation, shared acknowledgement of the association.

Mary Haugen announced the newly created Beverly Miller Scholarship from Central Valley. The scholarship will be used for nurses getting the School Nurse Credential through the Fresno online program.

President Katy Waugh mentioned that "Save the Date" flyers for the 63rd State Annual Conference in San Diego are available.

The Business Meeting was adjourned at 3:55 PM for Political Action Committee (PAC) announcements by Diane Durando & Kathy Hundemer. They shared the need for support of the PAC. \$950 was gathered for the PAC funds.

The Business Meeting was resumed and adjourned at 4:00 PM.

Respectfully submitted,

Tricia Hunter
Executive Director

CSNO PAC FUNDRAISER 3 FABULOUS PRIZES



TICKETS: 1 for \$10 **OR** 3 for \$25.

IMPORTANT:

Tickets will be sold only during conference, February 7-10, 2013.

Drawing will be held on Sunday, February 10, 2013.

You need not be present to win.



1ST Prize: *One week vacation in Cayucos, California valued at \$1350, donated by a school nurse owner. **Vacation date to be arranged with owner.** Cayucosby-the-sea is a quaint, quiet coastal town that will rejuvenate you. To learn more visit: <http://www.cayucoschamber.com/> Large, modern 3 bedroom home, ideal for your family vacation. The beach is a walkable block away and downtown is only a 15 minute walk. Shopping and dining are very close. Spacious living room opens up to views of the beach spanning from Morro Rock to the Cayucos Pier. The kitchen is fully stocked with all the pots, pans and appliances you need to feed the family. Features include wireless internet, private back patio, patio off of the master bedroom, 2 car garage and gas and charcoal barbecues. This is a pet friendly home because even dogs love a walk on the beach!*

2nd Prize: *iPad – valued at approximately \$600.00*

3rd Prize: *An Electronic Reader - valued at approximately \$200.00*

CSNO- POLITICAL ACTION COMMITTEE (PAC)

\$ 55 KEEPS US ALIVE

\$ 110 KEEPS US AHEAD

AND EVEN MORE \$ WILL HELP US SOAR!



To donate, please contact:

Contact Diane Durando at: jimdiane@netptc.net

Or

your Section's Governmental Relations Committee Chair

