

Sacramento State is planning to once again offer the Special Teaching Authorization in Health (STAH) courses in Fall 2025/Spring 2026. The STAH credential allows a school nurse to independently teach health classes or a full course in a variety of school settings (preschool, elementary, middle, secondary, and adult). This is the ideal time for school nurses to build their capacity to deliver health education (and training) both in-person and online.

The STAH consists of two additional courses beyond the requirements for the SN clear credential. Only fully credentialed school nurses or currently enrolled credential students at CSUS are eligible to take the STAH courses.

If you are interested in learning more and/or enrolling in the STAH coursework for Fall 2025/Spring 2026 please email Emily Mendoz at mendozae@csus.edu for details.