



Pre-Conference Intensive Sessions

Wednesday, February 3, 2021

8:00 a.m. to 1:00 p.m.

Vision Screening in Educational Settings (CH: 4.5)

Presented by Belinda Brager, MSN, RN, PHN, CSN, Health Services Coordinator, Calaveras Unified School District

Overview of the new regulations and changes to screening guidelines as included in the Vision Screening Module.

8:00 a.m. to 12:30 p.m.

Youth Mental Health First Aid (CH: 6.0, two hours of which are self-study)

Presented by Deana Helmy, LMFT, Behavioral Health Navigation and Training, Behavioral Health Training Services, OC Health Care Agency

This session is limited to the first 20 registrants and covers the common signs and symptoms of mental illness in this age group, including Anxiety, Depression, Eating disorders, Attention deficit hyperactive disorder (ADHD), Common signs and symptoms of substance use, How to interact with a child or adolescent in crisis, How to connect the person with help. NEW: Expanded content on trauma, addiction and self-care and the impact of social media and bullying.

9:00 a.m. to 4:00 p.m.

Disaster Nursing 2021 – Normal – New Normal – OOPs What's Really Normal (CH: 6.0)

Presented by Liz Dietz, EdD, RN, CS, Disaster Health Services Manager / Disability Integration Regional Lead, American Red Cross

This session will discuss how Covid-19 has changed the way nursing care is provided during a worldwide pandemic. Disaster nursing care during a pandemic cannot be business as usual. Nursing and health care for all age groups in the community and schools will also require modifying traditional nursing practices. Social Distancing, Facial Masks, and extensive use of PPE are among the new developments. This informative session will provide guidance on best practices and concerns.

12:30 p.m. to 4:00 p.m.

Comprehensive Diabetic Management (CH: 3.0)

Presented by Sultanna Iden, RN, BSN, CDCES, Pediatric Diabetes Nurse Educator, Pediatric Endocrinology, UC Davis Children's Hospital and Vincent Fong, Social Worker

Diabetes technology and new medications plus coping with Diabetes.

1:00 to 4:30 p.m.

COVID-19 Update: Crumbling the Crown with Vaccine Advancement (CH: 3.0)

Presented by Dr. Jasjit Singh, Infectious Disease Specialist, Children's Hospital of Orange County, and Dr. Howard Taras, Board Certified Pediatrician, American Academy Pediatrics School Health Council, UC San Diego

In following from their last presentation, Dr. Jasjit Singh, Infectious Disease Specialist, Children's Hospital of Orange County, and Dr. Howard Taras, Board Certified Pediatrician, American Academy Pediatrics School Health Council, UC San Diego, make a raving return to reveille COVID-19 Updates. Advancements in scientific discoveries, COVID-19 vaccine information and vaccine hesitancy are addressed plus best practices in school reopening. You won't want to miss this update!

4:00 to 7:30 p.m.

Guidelines for Supervision of LVNs and UAPs (CH: 3.0)

Presented by Susan Chaides, MEd, BSN, RN, CPNP, CSN, Project Director III, Los Angeles County Office of Education

What is the school nurse's responsibility working with health clerks, LVNs, agency LVNs, and parent provided agency LVNs? Review California laws that guide supervision, delegation, and assignment. Learn the essential components of effective training and supervision of health support staff.

4:30 to 8:00 p.m.

LEA Medi-Cal Billing Option Program (CH: 3.0)

Presented by Katie Nilsson, MSN, RN, CPN, Director Medicaid Compliance, San Joaquin County Office of Education

This session will help participants understand the complexity of the LEA Medi-Cal Billing Option Program within the school setting. Through presentation and interactive exchange, attendees will identify program requirements and how best to achieve compliance within their program and practice.

Thursday, February 4, 2021

8:30 a.m. to 12:00 p.m.

Enhancing Equity by Understanding Implicit Bias (CH: 3.0)

Presented by Melissa Neal, Ed.D., Administrator, Los Angeles County Office of Education and Edward Resnick, Ph.D., Administrator, Los Angeles County Office of Education

Social scientists determined we all carry unconscious biases due to a lifetime of exposure to cultural attitudes about age, race, ethnicity, religion, social class, gender, gender identity, physical abilities, and other social constructs. Our brains are incredibly complex. We know implicit bias and microaggressions associated with it are activated involuntarily, without awareness or intentional control. Psychologists posit Implicit Biases we have formed can be gradually unlearned through a variety of debiasing techniques.

We invite you to explore your own implicit biases as an employee, individual, and member of society at large. Diverse social groups are exposed to preconceived cultural attitudes that result in small gestures or comments leading to

increased negative social-emotional impacts. Join us as we explore ways to suspend these unconscious judgments about ourselves and others. Let's work together to build common ground in our organizations and communities by challenging implicit bias.

8:00 a.m. to 12:30 p.m.

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9:00 a.m. to 4:00 p.m.

School Health Administrator Symposium (CH: 6.0)

Presented by Samantha Blackburn, PhD, RN, PHN, Associate Professor, SNC & Graduate Program Coordinator, California State University, Sacramento

This fourth annual pre-conference session will bring together new and veteran school health administrators to network, learn new strategies, share resources, and build expertise on a range of health program management, staffing, policy, and financing issues. In particular, we will focus on myriad elements of school health program management during the COVID-19 pandemic and with distance/hybrid learning.

12:30 p.m. to 4:00 p.m.

Google Mania: Basics on Forms, Docs, Drive & More! (CH: 3.0)

Presented by Jessica Red, BSN, RN, PHN, School Nurse Coordinator, San Joaquin County Office of Education; Petaluma City Schools; Sheri Coburn, EdD, MS, RN, PHN, CSN, CSNO Executive Director-/ Consultant; Director Comprehensive Health SJCOE; Marci McLean Crawford, MEd, BSN, RN, RCSN, School Nurse

Sheets, Slides and Forms. What do they have in common? They are part of the Google family. Build your skills, learn a short-cut and identify ways that the Google platform can support your school nursing practice. Have fun, get creative, step up into the world of Google and learn about Google Mania.

1:00 to 6:00 p.m.

Vision Screening in Educational Settings (CH: 4.5) **REPEAT**

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4:00 to 7:30 p.m.

Health Implications of Food and Agriculture for School Children (CH: 3.0)

Presented by Dr. Barbara Sattler, Professor, University of San Francisco

If we "are what we eat" then our school children are what they eat. In this workshop we will look at how we are growing and raising our food and how this affects both the nutritional value of the foods, as well as the unintended health risk associated with using pesticides, growth hormones, and non-therapeutic antibiotics. The peer-reviewed science will guide our exploration and we will consider what labels like certified organic mean and how we can promote the healthiest food options for our school-aged children. We will also look at food insecurity and the special risks of farmworker children.

4:30 to 8:00 p.m.

Epilepsy Update: Treatment Options for Students with Epilepsy (CH: 3.0)

Presented by Deborah Holder, MD, Epilepsy Program Director, Epilepsy Foundation Greater Los Angeles

School nurses will learn about the latest treatment options, emergency medications, view video clips of common types of seizures experienced by students, learn about the impact of seizures and treatment on learning and behavior and best practices around developing seizure action plans and the key elements for training teachers and other school personnel.